



I'd rather Starve than Cook!

A cookbook for people who hate to cook

Lisa M. Orban

I'd rather Starve than Cook!

A cookbook for people
who hate to cook.

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Lisa Orban

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Many thanks to Renee for letting me use her kitchen & kids for the cover photo.

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If you purchased this book without a cover, the poor Indie author who slaved over a hot computer (and occasionally a stove) to bring you this fine book did not receive any compensation for all of her hard work and dedication.

And just so you know, every authorized book sale results in a happy dance by the author. Please, be kind, and don't deprive the author of her happy dance just to save a few pennies.

To my children.

Without your insistence on eating,
I would have starved to death years ago.

HANDY FOOD FINDING GUIDE

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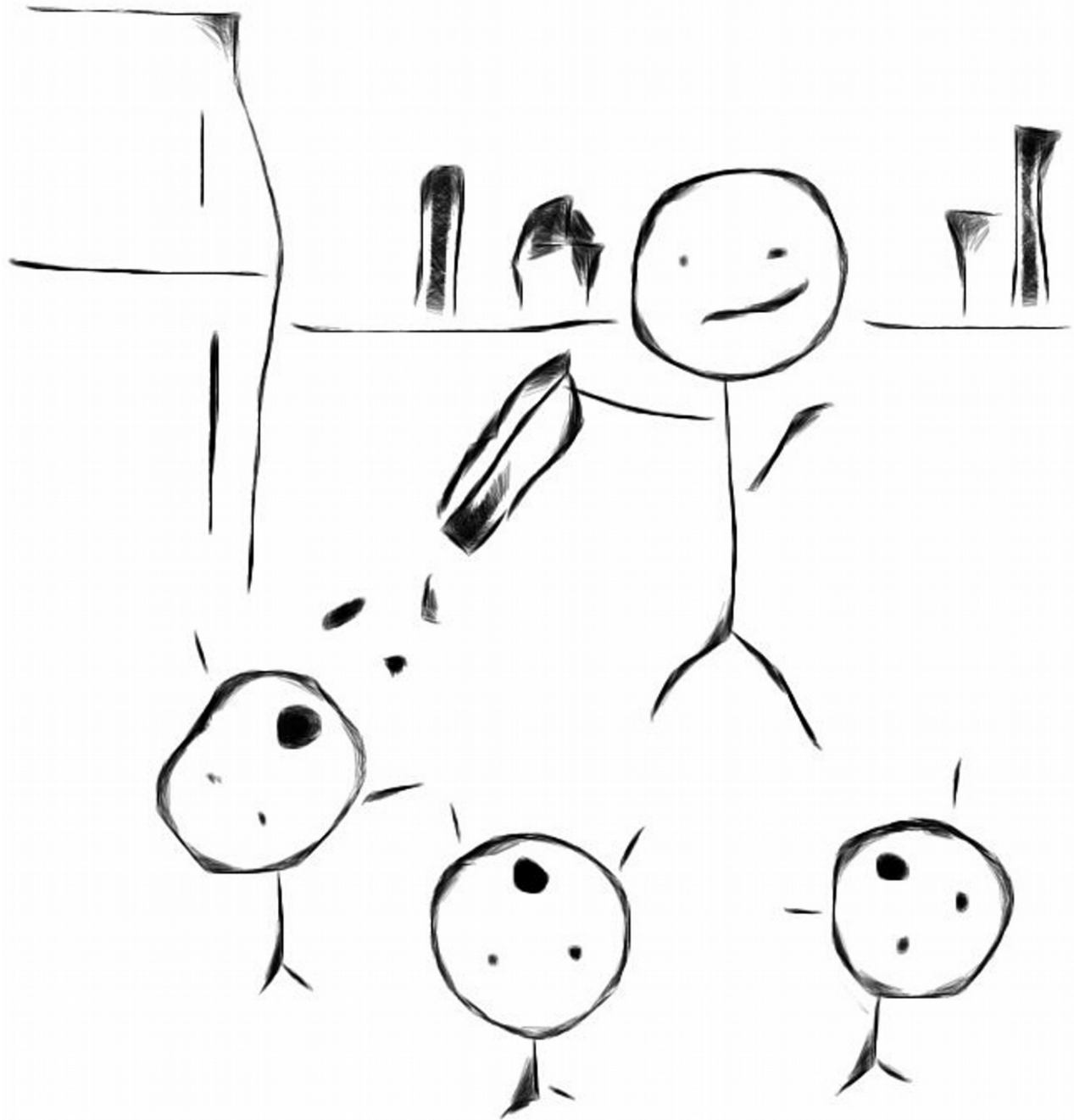
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*I left you space to add your favorite recipes.	



"The most remarkable thing about my mother is that for thirty years she served the family nothing but leftovers. The original meal has never been found."

- *Calvin Trillin*

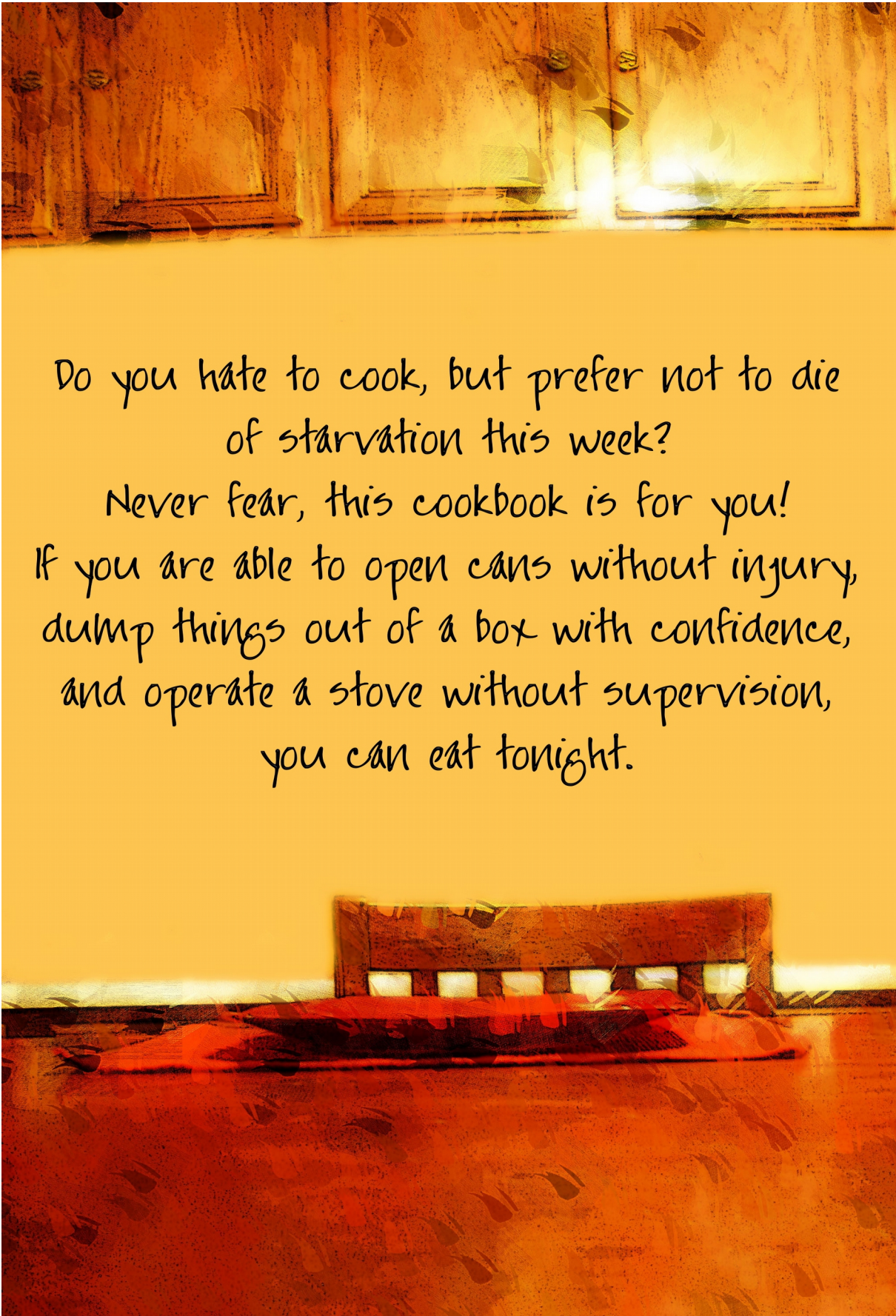


I will share a secret with you...

I hate to cook, and there are days that dying of starvation seems like a reasonable plan. And yet, I love cookbooks, I own hundreds of them. I have so many they take up a decent chunk of kitchen storage space. Oh, I don't use them (let's not be silly) but I will occasionally thumb through them, looking at the pictures of food, then discard the idea of making whatever catches my eye when I see the list of ingredients (Gasp! It needs 10 whole items to make?! I feel faint, make it stop!) and firmly shut the book. Nope. Nope. Nope.

Believe me when I tell you, I share your pain at the idea of cooking, every day. Just gives you the shivers, don't it? In an effort to help ease your pain I have put together this cookbook of the many recipes I have created out of sheer laziness and the need to feed my children on a daily basis. Almost everything in this book is grab, open, dump, stir (sometimes), and walk away. There are a few exceptions to this rule, mostly in the Stove Top section, but they also have the advantage of being quick. And most of the recipes only call for a handful of ingredients. There are a few that have a longer list, but for the most part, they require little effort, just open and dump.

So, if you have decided that today cooking is a better option than starving, continue turning pages until something looks worth your efforts. If not, keep this cookbook handy, tomorrow might be your day.



Do you hate to cook, but prefer not to die
of starvation this week?

Never fear, this cookbook is for you!
If you are able to open cans without injury,
dump things out of a box with confidence,
and operate a stove without supervision,
you can eat tonight.